

PIEDMONT UNIFIED SCHOOL DISTRICT

M E M O R A N D U M

TO: Board of Education

FROM: Randall Booker, Superintendent

DATE: May 8, 2019

**RE: DEPARTMENT OF JUSTICE TOBACCO CESSATION GRANT –
PUSD HEALTH EDUCATION PROPOSAL**

I. SUPPORT INFORMATION

At the February 27, 2019 Board of Education Meeting, the Board passed a motion 4-1 to not accept a grant award of \$390,000 from the California Department of Justice Tobacco Grant Program to implement a School Resource Officer that would serve across the secondary campuses.

Additionally, the Board directed District staff to partner with Piedmont Police Chief Jeremy Bowers to determine if the proposal could be altered in a way that better meets the interests of the Board.

The Board communicated that their interests were mainly on addressing:

- the possible negative impact of an SRO on groups of students who may already feel marginalized in our schools (e.g. students of color, students not residing in Piedmont, non-neurotypical students).
- the possible negative impact of an SRO being armed.
- the desire for increased counseling services for students.
- the desire for tobacco and alcohol intervention and cessation programs/counseling.

During the February 27, 2019 Board of Education Meeting, Chief Bowers indicated that the program proposal could be altered to require the Officer to be “housed” at the police station, rather than the school building. This shift would then result in the Officer to be on PUSD Campuses only at the request of school staff for specific needs.

This specially trained officer (Juvenile Officer) will partner with PUSD to collaboratively conduct student and parent education classes on the harms of tobacco use and develop a Diversion Program for youth who are detected using tobacco products. Finally, the Juvenile Officer will work with the PUSD to identify and implement tobacco/vaping mitigation strategies.

Additionally, with the support of the Dept. of Justice Tobacco Cessation Grant, PUSD staff has developed goals and actions to help mitigate controlled substance use (e-cigarettes, drugs, alcohol):

PUSD Health Education - CA Dept. of Justice Tobacco Prevention Grant
 2 Year Plan - \$100,000

Year 1

SMART Goal #1: PUSD will reduce high school students' on-campus use and exposure to controlled substances and nicotine products (e.g. nicotine, drugs, alcohol) up to 10 percentage points, as measured by students' self-reported responses to the following three questions on the 2021-22 California Healthy Kids Survey (see Tables A6.8, A6.9, A7.3):

Question 1: During the past 30 days, on how many days on school property did you use...

- at least one drink of alcohol;
- marijuana (smoke, vape, eat, or drink);
- any other drug, pill, or medicine to get “high” or for reasons other than medical?

2017-18 Results: Table A6.8 (CHKS Item: HS A.80-82/MS A.72-74)				
Current Substance Use on School Property, Past 30 Days				
	Grade 9%	Grade 10%	Grade 11%	Grade 12%
Alcohol				
- 0 days	98	97	98	99
- 1 to 2 days	1	2	2	1
- 3 or more days	2	1	0	0
Marijuana (smoke, vape, eat, or drink)				
- 0 days	96	95	96	88
- 1 to 2 days	3	4	2	6
- 3 or more days	2	2	2	6
Any other drug, pill, or medicine to get “high” or for reasons other than medical?				
- 0 days	99	99	100	99
- 1 to 2 days	0	1	0	1
- 3 or more days	1	0	0	0
Any of the above	4	6	6	12

Question 2: During your life, how many times have you been drunk on alcohol or “high” on drugs on school property?

2017-18 Results: Table A6.9 (CHKS Item: HS A.63/MS A.57)				
Lifetime Drunk or “High” on School Property				
	Grade 9%	Grade 10%	Grade 11%	Grade 12%
0 times	95	91	85	76
1 to 2 times	2	4	5	8

3 to 6 times	2	2	6	8
7 or more times	0	3	3	8

Question 3: During the past 30 days, on how many days did you use

- cigarettes... smokeless
- tobacco (dip, chew, or snuff)
- electronic cigarettes, e-cigarettes, or other vaping device such as e-hookah, hookah pens, or vape pens?

2017-18 Results: Table A7.3 (CHKS Item: HS A.67-69/MS A.61-63)				
Any Current Use and Daily Use				
	Grade 9%	Grade 10%	Grade 11%	Grade 12%
Cigarettes				
- Any	0	1	7	5
- Daily (20 or more days)	0	0	0	0
Smokeless Tobacco				
- Any	0	1	3	3
- Daily (20 or more days)	0	0	0	0
Electronic Cigarettes or other vaping device				
- Any	9	17	23	24
- Daily (20 or more days)	1	4	4	4

SMART Goal #2: PUSD will increase high school students' perceived harm of e-cigarettes as compared to smoking cigarettes from None, Slight, or Moderate by 53 - 57 percentage points (grades 9-12 respectively), as measured by students' self-reported responses to the following question on the 2021-22 California Healthy Kids Survey (see Table A7.7):

Question 4: How much do people risk harming themselves physically and in other ways when they do the following?

2017-18 Results: Table A7.7 CHKS Item: (HS A.85)				
Perception of Health Risk of Electronic Cigarette Use				
	Grade 9%	Grade 10%	Grade 11%	Grade 12%
Use e-cigarettes or vaping device occasionally compared to smoking cigarettes.				
- Great	18	17	19	22
- Moderate	37	38	40	42
- Slight	39	38	32	32
- None	6	6	9	5

SMART Goal #3: PUSD will increase middle school students' perceived harm of e-cigarettes as compared to smoking cigarettes from None, Slight, or Moderate (61%) by 36 percentage points, as measured by students' self-reported responses to the following question on the 2021-22 California Healthy Kids Survey (see Table A7.6):

Question 5: How much do people risk harming themselves physically and in other ways when they do the following?

2017-18 Results: Table A7.6 CHKS Item: (HS A.85)	
Perception of Health Risk of Electronic Cigarette Use	
	Grade 7 %
Use e-cigarettes or vaping device occasionally compared to smoking cigarettes.	
- Great	39
- Moderate	28
- Slight	16
- None	17

Year 1 (19-20): Actions integrated into our LCAP to accomplish our SMART Goals.

Health Education Experts/Consultants

- **Health Education Consultant Contract**
- **Restorative Justice/Diversion Program Consultant Contract**
- **Mental Health Counselor/Therapist Stipend**
 1. Cost of initial training services for admin, teachers, classified staff, counselors, nurses, and students.
 2. Cost of ongoing consultation with admin, teachers, classified staff, counselors, nurses and students.
 3. Cost of any student/parent/community-wide educational presentations.

Health Curriculum Review, Alignment, and Development

1. Review the California Health Standards and Unit Plans in:
 - PHS/MHS PE, Biology, and Social Psychology Courses
 - PMS PE, Science 6, 7, and 8, and Health Course
 - 4th and 5th grades
2. Identify where California Health Standards **are** and **are not** being addressed in PUSD courses, grades 6-12.
 - Identify any areas of the California Health Standards that may not be currently addressed **or** where they may be improved
 - Develop a plan, with the support of a health education expert, to address the areas in need of improvement
 - Identified costs associated with these actions include, but are not limited to:
 - Paid time for a health education expert to lead unit plan development.
 - Paid time for teachers and staff to meet with a health education expert and discuss the California Health Standards and unit plans.
 - Paid time for teachers and staff, with the support from a health education expert, to develop additional unit plans as needed.

Training on Restorative Justice Practices in School Districts

1. Using a team approach, administrators, counselors, teachers, classified staff, students, and police officers will be trained on the structure and best practices for Restorative Justice protocols.
2. Investigate, develop, and implement a student Diversion Program for tobacco and controlled substance violations.
3. Costs associated with these actions include, but are not limited to:
 - Training fees for presenters / and paid time for ongoing consultation by a Restorative Justice expert.
 - Paid time for staff to receive training
 - Paid time for teachers and staff to discuss and develop tobacco/controlled substance related Restorative Justice Practices and a Diversion Program for secondary students.

Year 2 (20-21): Actions integrated into our LCAP to accomplish our SMART Goals

SMART Goal #4: PUSD will increase elementary school students' perceived harm of e-cigarette use by 10 percentage points, as measured by students' self-reported responses to the following question on the 2021-22 California Healthy Kids Survey (see Table A10.2):

Question 6: Do you think using an electronic cigarette, e-cigarette, hookah pen, or other vaping device is bad for a person's health?

2017-18 Results: Table A10.2 CHKS Item: (ES A.65)	
Perception of Health Risk of Electronic Cigarette Use	
	Grade 5 %
E-Cigarette	
- No, not bad	0
- Yes, a little bad	12
- Yes, very bad	88

Health Curriculum Review, Alignment, and Development

Pilot and evaluate newly developed unit plans at the elementary and secondary schools that address any areas of the California Health Standards that may not be currently taught or where they may be improved. This may include a partnership with the Wellness Center, Counseling Office, and the Piedmont Police Department.

Restorative Justice Practices in School Districts

Continue and evaluate newly developed Restorative Justice Practices and a Diversion Program for tobacco and controlled substance violations. This may include a partnership with the Wellness Center, Counseling Office, and the Piedmont Police Department.

Health Education Experts/Consultants

Health Education Consultant Contract

Restorative Justice/Diversion Program Consultant Contract

Mental Health Counselor/Therapist Stipend

Continue to employ Health Education Expert/Consultant for ongoing consultation with admin, teachers, classified staff, and students.

Continue to provide a mental health/counselor stipend for ongoing student/parent/community-wide educational presentations.

II. **RECOMMENDATION: REVIEW AND ACTION**

District staff requests that the Board accept the Department of Justice Tobacco Cessation Grant to address student use, exposure, and perceived harm of controlled substances (e.g. alcohol, drugs, and e-cigarettes).